



Sharing your choices

Information
for patients



NHS

Why should I share parts of my record?

At the moment every service that looks after you keeps their own record about your care, and this isn't always available in an emergency.

For example, if an ambulance is called for you, the paramedics don't know anything about you or your past care.

By agreeing to share parts of your record, other health staff will be able to see information about your care and choices. Only a small part of your record will be shared, but enough to help emergency health staff look after you in the way you need.

What information will be shared?

The only parts of your record that will be shared are those about your very recent care, and information about choices you have made for your future care, such as:

- Your name and address
- Information from your Doctors' and Nurses' records, for example your diagnosis and current medication, contact details for your main carer and your resuscitation wishes
- What has happened to you in the last eight weeks, recorded by your Doctor and Nurses, as well as decisions you have made for your future care
- It may also be used to help the NHS plan services in the future. If your information is used to plan services, then it will be completely anonymised to protect your confidentiality

Who will have access to my information?

With your permission, your information will be stored on a central database and will only be available to staff responsible for your care

- Your GP practice
- Ambulance services
- Out of hours Doctors
- Community Nursing
- Hospital services

What if I change my mind about any decisions?

Let the Doctor or Nurse looking after you know if you change your mind about anything and they will be able to change it on your record.

Is my information safe?

Yes, the information about you and your decisions is protected by the Data Protection Act and will be secure on a database which meets all NHS security requirements. This is held by the NHS provider Nottingham CityCare's End of Life Care Nursing team.

A list of the names of the services who will be able to see your information is available at:

www.nottinghamcitycare.nhs.uk/end-of-life-care

Who is CityCare?

We are your local provider of high quality community health services.

We provide quality care you can trust.

We deliver a range of nursing and healthcare services – from health visiting and education for young families, to community nursing and home-based rehabilitation services for older people, to NHS walk-in centres and specialist diabetes and educational nutrition and dietetics sessions.

We have a long heritage of delivering high quality care for you and your family at home, or close to home, in community settings such as health centres, schools and GP surgeries.

As a social enterprise we work in partnership with patients, staff, partners and the local community to build a healthier more sustainable future for all.

If you would like this information in another language or format such as larger print, please contact: **0800 561 2121**